

Rokeach Values Survey

Instrumental Values: Modes of behavior. Means of achieving the terminal values.

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|--------------|--------------|-----------------|
| Ambitious | Helpful | Loving |
| Broad-minded | Honest | Loyal |
| Capable | Imaginative | Obedient |
| Clean | Independent | Polite |
| Courageous | Intellectual | Responsible |
| Forgiving | Logical | Self-controlled |

	Top 3 Instrumental Values	Why this value matters to me
1.		
2.		
3.		

Terminal Values: Goals to achieve during one's lifetime.

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|--------------------|---------------|
| A Comfortable Life | Inner Harmony |
| Equality | |
| An Exciting Life | |
| Family Security | |
| Freedom | |
| Health | |